

Do you have a
child in grade
K-4?



Is your child having a hard time? Are they struggling with managing their big thoughts, feelings, impulses, and/or experiences?

CHECK OUT OUR COPING SKILLS FOR KIDS GROUP!

When: Fridays 5:30-6:30
Where: Online Via Zoom
Cost: \$50 Per Session



This group facilitated by mental health therapist, Tamielle Taylor, LCPC, will create a fun and interactive environment in which children can learn, practice, and adopt a variety of coping skills. It is for children who will be attending kindergarten through 4th grade in the upcoming school year. Participants must be able to communicate verbally and engage actively during each hour-long session.



FOR MORE INFORMATION OR TO REGISTER CONTACT US!

Breakthrough Counseling Services
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