

Social Skills Group

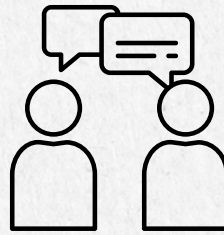
Breakthrough Counseling Services

8-Week Group



Build Confidence

Build confidence through group activities, leadership skills, and independent learning.



Communication Skills

Practice communication skills through role-play, teamwork, and skill building activities.



Self-Regulation

Learn self-regulation skills through scenarios, conflict resolution, and emotional awareness.

Where

Breakthrough Counseling Services

Jefferson, MD

4014-J Mountville Rd
Suite A
Jefferson, MD 21755

Greencastle, PA

11368 Williamsport Pike
Greencastle, PA 17225

Who

Middle School Boys & Girls Groups

Call today to get enrolled!
240-986-1001