

# The Brain Builders

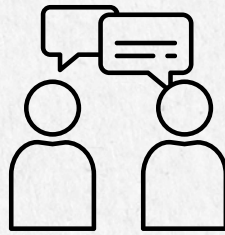
## Breakthrough Counseling Services

### 4-Week Group



#### Build Confidence

Build confidence through group activities, leadership skills, and independent learning.



#### Communication Skills

Practice communication skills through role-play, teamwork, and skill building activities.



#### Self-Regulation

Learn self-regulation skills through scenarios, conflict resolution, and emotional awareness.

### Where & When

Breakthrough Counseling Services

**Jefferson, MD**  
4014-J Mountville Rd  
Suite A  
Jefferson, MD 21755

Start: July 2nd

Wednesday's  
9:30am-12pm  
\$50 per session

### Who

Elementary Schoolers (2nd-5th Grade)

**Call today to get enrolled!**  
**240-986-1001**